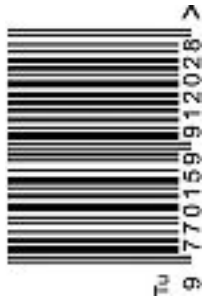




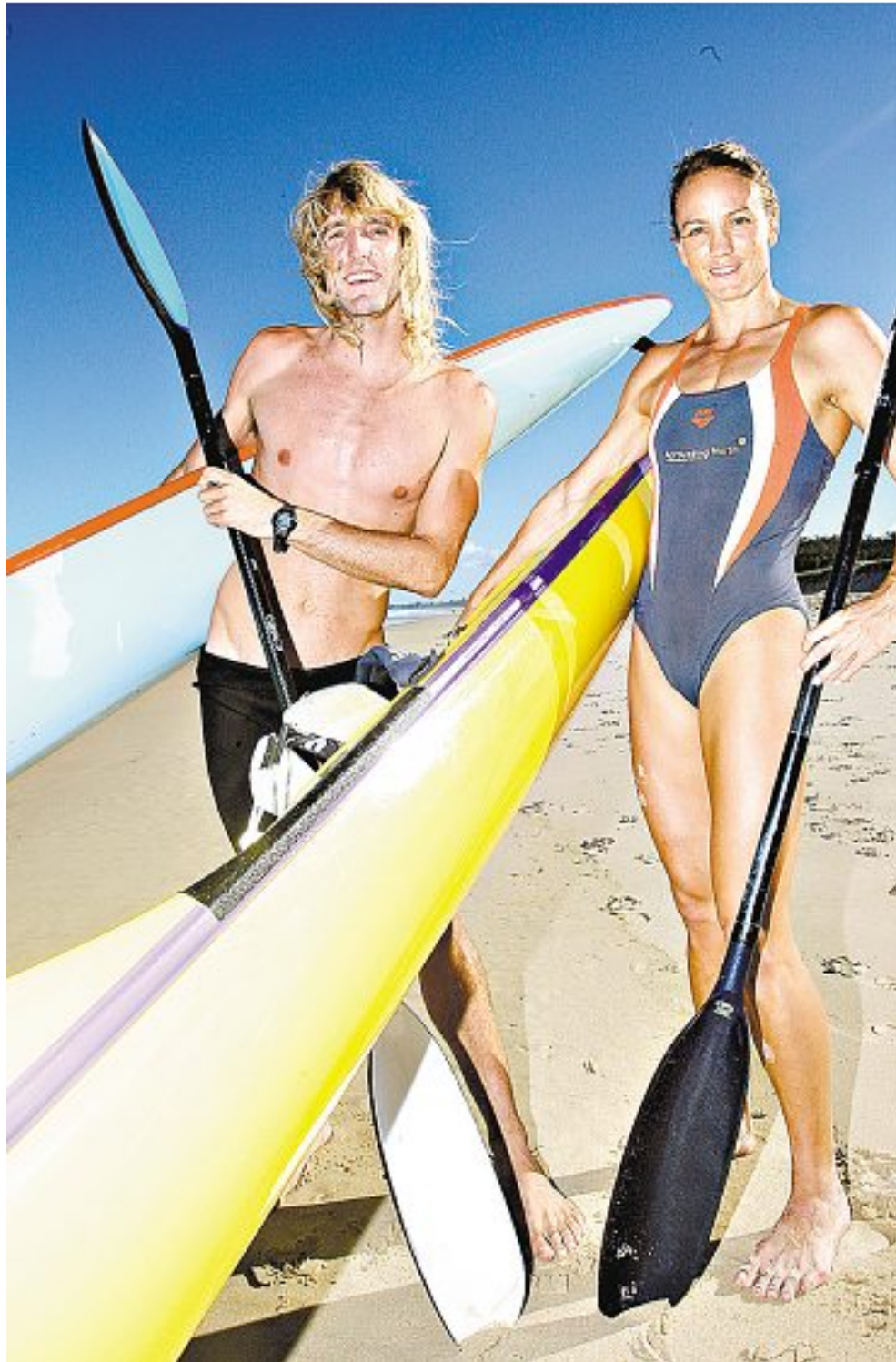
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Tuesday, January 12, 2010

Jones shrugs off illness and primed to mow down rivals



CHILLED OUT FOR MISSION

By **TRAVIS MEYN**

COREY Jones is a self-confessed lawn mowing addict.

He loves it. And that's why Jones saw his week-long sickness as a blessing.

The Met Caloundra ironman was dealt a cruel blow to his Kellogg's Nutri-Grain Series chances when picking up a recent chest infection, missing a week's training.

Jones missed the weekend's Oceans 38 tournament at North Burleigh where most of his Nutri-Grain opponents fine-tuned themselves.

But the 23-year-old says his week of rest has put him in good shape for this weekend's start of the series at Kurrawa.

"I was going well but then I got a bit crook. I should be sweet though," Jones said yesterday. "It hasn't affected me too much. Everything's still going really good."

"I got to chill out for a

week, sit on the couch, watch some TV and mow the lawn. I loved it. It was a good thing in a way, I've recharged a bit."

Jones will be joined by Rebecca Creedy as Met Caloundra's hopes for the title.

Creedy said she was expecting the women's competition to be an extremely tight contest.

"It's going to be a tough series this year, I think you'll see the women's series be a lot closer than the men's," she said yesterday. "The Kellogg's is a big series, it's the only one this year we can win money in and every cent helps in this sport."

"I've done a lot of hard training and I've made some big improvements in certain areas which I'm very happy with. It's just important for me to not go out and think about everyone else. I just need to focus on myself and work towards a result."

The final fields will not be

known until Friday night following the wildcard trials where three competitors will gain a last-minute ticket into the round.

Jones said the withdrawal of five-time series champion Zane Holmes had opened the door for someone else to step up to the podium. "It's never good to see someone pull out through injury. I was devvo (devastated) when I heard about him," he said.

"We had just got Ky (Hurst), Shannon (Eckstein) and Zane back in the same series then this happened."

"But even then, it's still going to be a strong field and we don't know who will get the wildcard spots."

"I'm looking forward to racing them and seeing how I go. It'll be a good test for the rest of the series. With Zane gone, it opens it up a little bit. It probably helps me out a little bit but I'm not really thinking like that."

LAUNCHING PAD: Met Caloundra hopes Corey Jones and Rebecca Creedy are ready for the first round of the Kellogg's Nutri-Grain Series this weekend. PHOTO: NICHOLAS FALCONER/187883E

2010
Sunshine Coast Daily

Sunshine
coast \$100,000 cup

Sunday January 17, 2010

Come and enjoy a great day out...

Come and enjoy a great day out at this year's \$100,000 Sunshine Coast Cup where Corbould Park will put on a load of fun activities for the whole family.

The kids will be kept well entertained with rides and a carnival atmosphere. Also for the kids will be the free silly donkey jumping castle, laser shooting, craft activities & funky face painting in the Klip Klop Club. Enjoy the atmosphere with a snow cone, bucket of popcorn or fairy floss

The day will feature great racing talent which will include the running of the \$100,000 Sunshine Coast Daily Sunshine Coast Cup.

After a day of great racing the whole family can sit back and enjoy the afternoon BBQ on the lawn.

Buses
Local Sunbus Route 603 will pickup and drop off at the Sunshine Coast Turf Club throughout the day.

Gate Entry
\$10.00 Adults
\$5.00 Concession
Free Entry for Children.

Gates open at 10:30am

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